

Mon Tue Wed Thu Fri

Date of examination/time: _____

Patient name: _____

Attending doctor: _____

Preparation Gastroscopy

Please do not take an **blood-thinning medication** (e. g. Diclofenac, Ibuprofen or headache medication) such as 5 days prior to the examination (risk of bleeding).

On the day before the examination, do not eat anything from 20 h on wards and do not drink any liquids from 24 h on wards.

Please stay sober on the day of examination, do not take any medication and do not smoke.

In case of sedation, you are to be picked-up from our practice after the examination. Do not bring a vehicle or arrange a meeting point outside of the practice. You are not allowed to walk home alone or use public transport on this day. We are able to call a taxi for you.

Please do not forget to bring with your health insurance card, your referral slip from your doctor as well as the fully completed information sheet.

There can always be delays in the examination process. Please understand, if your examination date is postponed as a result.

All in all the stay in our practice on the day of examination is approx. 2 hours. We ask you to consider this.

If you cannot keep your appointment please inform us in time.

We ask you to leave your valuables at home.

Your practice team